

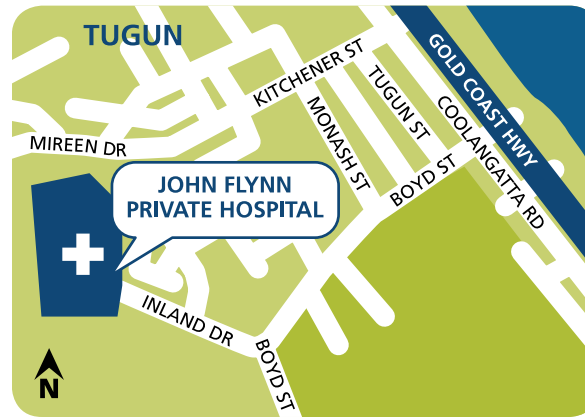
The program runs over a four week period. During this time the patient will participate in an individually prescribed exercise program and also attend education sessions with an emphasis on cardiac education and behaviour modification techniques.

The sessions are aimed at increasing understanding of heart disease and the positive action that can be taken to reduce risk factors and future cardiac events.

Patients are eligible to participate if they have had a heart attack, balloon angioplasty, coronary artery bypass surgery, valve repair surgery or if they have stable angina or risk factors for heart disease.

## Funding arrangements

John Flynn Private Hospital has signed agreements with most Australian health insurers and your health fund would be able to provide details of cover and anticipated costs and ECC funding.



For virtual tours of hospital visit:  
[www.johnflynnprivate.com.au](http://www.johnflynnprivate.com.au)



### John Flynn Private Hospital

42 Inland Drive (off Boyd Street)  
Tugun Qld 4224

ph: 07 5598 9000 – fax: 07 5598 0173  
[www.johnflynnprivate.com.au](http://www.johnflynnprivate.com.au)

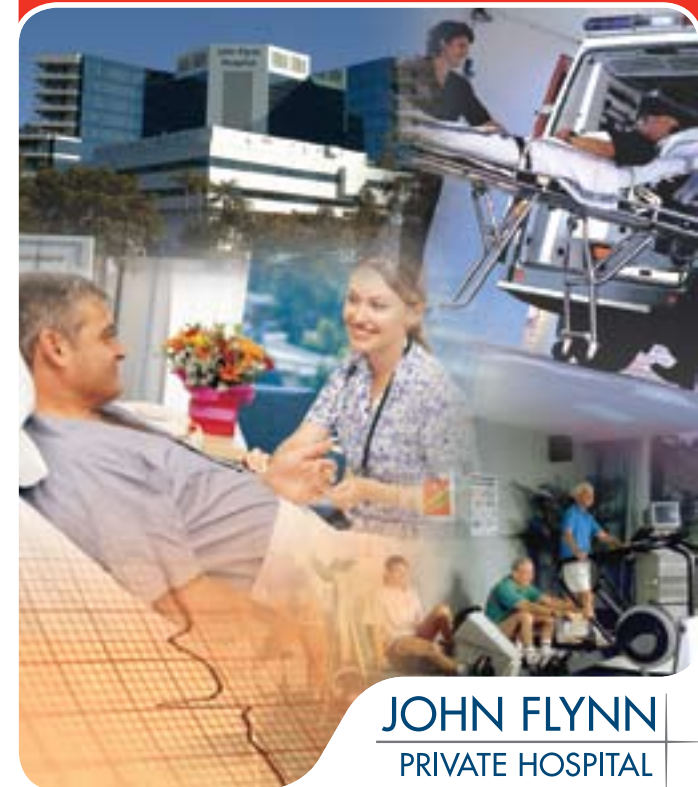
This hospital is a no smoking facility.

People caring for people



# Emergency & Cardiac Care Services

24 hour cardiac care – serving the Gold Coast, Tweed coast & Northern NSW.



**JOHN FLYNN**  
PRIVATE HOSPITAL

# John Flynn Private Hospital

John Flynn Private Hospital provides an extensive range of cardiac services, conveniently located on the one campus.

The largest private cardiac centre on the Gold Coast, John Flynn Private Hospital provides health services for patients from the Gold Coast, Tweed coast and Northern NSW.

## Immediate access to services

We can provide immediate access to our entire range of services. The hospital provides some of Australia's most up-to-date facilities and equipment under one roof, including:

- 24 hour Emergency Care Centre
- Angiography
- Balloon angioplasty and coronary stenting
- Electrophysiology
- Open heart surgery
- Coronary Care Unit
- Intensive Care Unit
- Cardiac Rehabilitation
- Physiotherapy
- Dietitian
- On – site support services, including diagnostic echo cardiography ,echo stress testing and halter monitors

## Emergency Care Centre

The Emergency Care Centre provides 24 hour medical care supported by pathology and x-ray facilities. Our patient's well being is our top priority, with specialist staff on hand to ensure patients are stabilised and pain and anxiety is minimised.

The Centre is proud of its reputation for providing a fast, efficient service with minimal waiting periods and speedy referral to a specialist of choice. If appropriate, patients can be transferred from emergency directly to the catheter lab for immediate balloon angioplasty and stenting.

## How to get there

Patients can present directly to John Flynn Emergency Centre, or can request to be taken there by ambulance.

- No appointment is necessary
- No referral from your doctor is necessary

## Cardiovascular Labs

Patients receive expert medical care to evaluate, diagnose and treat all types of cardiac and cardiovascular diseases and conditions. Our specialists perform a full spectrum of diagnostic, therapeutic and interventional services utilizing non-invasive and invasive procedures. Advanced testing and treatments are available using current technologies that are exclusive to John Flynn.

## Cardiac Surgery

John Flynn Private Hospital has attracted an experienced and highly educated team of specialists, we have surgeons and anaesthetists available 24 hours a day. Our cardiac surgeons perform heart surgery and are supported by the specialist facilities of the intensive care unit, ensuring immediate post – operative management with personalised nursing care and attention.

## Coronary Care

The Coronary Care Unit is a seven – bed critical care area with advanced monitoring equipment and facilities to manage any acute coronary care patient, as well as private rooms with hinterland and ocean views. The unit is staffed with cardiac specialist nurses who are committed to supporting both the patient's and their family's individual psychosocial needs.

## Cardiology – Cardiac Step Down

Patients recovering from heart surgery can look forward to recovering in the cardiac surgical unit. The unit is a well-appointed 16 bed unit with private rooms and telemetry monitoring, which allows patients to move around the unit whilst still being monitored by equipment via a small transmitter worn by the patient.

The cardiac medical unit which is located adjacent to the cardiac surgical unit cares for patients with medical conditions such as angina, arrhythmias and those recovering from heart attacks.

## Cardiac Rehabilitation Program

The Cardiac Rehabilitation program is a comprehensive education and exercise program designed to optimise physical, psychological, occupational and social recovery following an acute cardiac event within a supportive environment.

