

Visiting Hours

Fathers and immediate family are welcome anytime. General visiting hours are between 3.30pm to 5pm and 6.30pm to 8pm. The mothers have a sleep between 12.45pm and 2.45pm.

The Little Things

Every aspect of service at John Flynn Birth Centre is planned with your convenience and comfort in mind.

A wide range of freshly prepared meals is available with individual needs and special dietary requirements catered for. From the moment you choose John Flynn Birth Centre our midwives are committed to providing professional and personalised care.

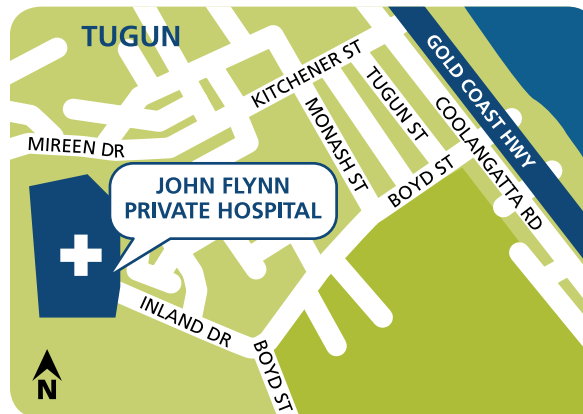
Physiotherapy and massage are available to aid your comfort and relaxation. A gift pack of baby care products are distributed on discharge from the birth centre.

Mother's Night Out

We encourage our mothers to enjoy a night out with their partner before discharge.



This hospital is a no smoking facility except in those areas of the grounds clearly marked.



For virtual tours of hospital visit:
www.johnflynnprivate.com.au



John Flynn Private Hospital

42 Inland Drive
Tugun Qld 4224

ph: 07 5598 9000 – fax: 07 5598 0173
www.johnflynnprivate.com.au

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little
People caring for people



John Flynn Birth Centre

Maternity Services



JOHN FLYNN
PRIVATE HOSPITAL

The Gold Coast's 1st accredited 'Baby Friendly' Hospital. Setting the standards for excellence.

A decade of Family Centred Birthing Services.

The birth of a baby is one of life's most treasured experiences. At John Flynn Private Hospital our staff have created a warm and relaxed environment which allows us to support mother and family to share in the joyful experience of childbirth. This level of support and care extends well beyond what would traditionally be expected, and covers a complete range of services from conception advice, antenatal stages to care up to 6 weeks post birth. There is focus on parents, their babies and the nurturing of the family.

We want you to feel right at home...

The Birth Centre at John Flynn Private Hospital is a homely environment. Birthing suites are designed for comfort, safety and relaxation, allowing each new mother to choose her own birthing experience. Medical equipment in the birthing suites is easily accessible while being functionally concealed in wall units. In addition, ensuites incorporate a spa birth pool/bath and twin shower facilities.

Private rooms are provided, each with double bed, ensuite, telephone, television, radio, fridge, education videos and in-house movies. We encourage partners to fully participate in the birth and baby care. Mothers and families may utilise the lounge and children's play area. John Flynn Birth Centre is the only hospital on the Gold Coast that supports a mother's requests for waterbirth.

To ensure specialised neonatal care is always available, a fully equipped neonatal 'special care' nursery is conveniently located within the Birth Centre. Highly skilled staff and the latest technologies are available in the nursery.

The Best in Support

The maternity service provided offers a complete range of support services.

Your choice of Obstetricians John Flynn midwives work with your obstetrician to care for you during your pregnancy and, if required, Anaesthetist and Paediatrician, is available on call 24 hours per day.

In addition, within the hospital, the most modern operating theatre suites are easily available if necessary, as are radiology, pathology and pharmacy services.

A pre-natal education program includes a comprehensive 5 week course or weekend workshops for new parents to be conducted by our own midwives. Classes normally commence in the 28th week of pregnancy.

A post-natal education program including advice from our lactation consultants is conducted twice weekly. Our trained early childhood/ lactation consultants are ready to assist you in the early childhood clinic following discharge. Our midwives are available to check the progress of your baby and answer any questions you may have.

If you require assistance at any stage, the Birth Centre midwives are available 24 hours every day, for advice. Care following discharge is provided by our staff in the baby health clinic – The Early Childhood Lactation consultant will provide you with information about other clinics and support groups.

Arranging Your Stay

After obtaining a referral to an Obstetrician from your General Practitioner, your Obstetrician will provide you with the necessary forms for admission to the John Flynn Private Hospital. We ask that these be completed as soon as possible. This will confirm your booking and you are very welcome to have an informal visit to the centre and meet our midwives at this time.

Regular tours of the Birth Centre are conducted every Saturday afternoon at 3pm.

Birthing Centre Interviews

A pre-admission interview with a midwife at 34 weeks of pregnancy, enables new mothers to meet our staff and ensures that we identify any requests or needs you might have. An appointment can be made by phoning direct to the birth centre, on **5598 9040**.

